



INFORMATION ALERT- March 13, 2020

Re: Agency Response to Coronavirus

Good Afternoon Lapeer Team Work, Inc. Families:

The health & safety of Lapeer Team Work, Inc.'s (LTW) persons served, their supports, and our staff is our number one priority. We want to ensure you that LTW is taking extra precautions to keep our locations safe. We intend to remain open and functioning at full capacity, unless otherwise directed by governing authorities.

We are asking all individuals entering and exiting our locations to 'Wash In, Wash Out,' including trainees. Staff are assisting trainees in washing their hands whenever they enter or exit a building. We also ask all individuals entering our locations to wash their hands upon arrival prior to interaction with any trainee. We would like to limit visitors to Case Managers, guardians, and immediate family members. We also ask you to limit the amount of time spent onsite. Additionally, we are limiting gatherings of trainees in an area to a maximum of 25 individuals.

We want to assure you that we are supporting our staff by providing them with ongoing information and guidance related to directives from federal and state authorities to keep themselves and their families safe. We are requiring anyone, trainees and staff, to stay home if they are experiencing any illness. If we notice an individual onsite experiencing any possible symptoms, then they will be required to leave the facility.

This is a very fluid situation and we expect many changes to come over the next several days/weeks. We will continue to monitor events and make adjustments accordingly. Thank you for your patience as we work together to navigate through this situation. Please feel free to call the office at, 810.664.8504 with any questions or concerns regarding LTW's responses to the Coronavirus.

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P.O. Box 294
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Lapeer Team Work, Inc. is a not-for-profit organization under IRS Code 501(c) (3)





Please find information below regarding the symptoms and possible preventions to the Coronavirus provided by Governor Whitmer and the Michigan Department of Health and Human Services:

Patients with confirmed infection have reportedly had mild to severe respiratory illness with symptoms of:

- Fever
- Cough
- Shortness of breath

The best prevention for viruses, such as influenza, the common cold or COVID-19 is to:

- If you think you have been exposed to COVID-19, call your health care provider. If you do not have a health care provider, call the nearest hospital.
- Wash your hands often with soap and warm water for 20 seconds. If not available, use hand sanitizer.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Cover your mouth and nose with a tissue or upper sleeve when coughing or sneezing.
- Avoid contact with people who are sick.
- If you are sick, stay home, and avoid contact with others.
- Replace handshakes with elbow bumps.
- Stay at least 6 feet away from others when in a public setting.

Information around this outbreak is changing rapidly. The latest information is available at Michigan.gov/Coronavirus and CDC.gov/Coronavirus.

We also included informational documents from the Center for Disease Control.

Thank you for your continued support,

A handwritten signature in black ink that reads "Kaylee Hilgendorf". The signature is written in a cursive, flowing style.

Kaylee Hilgendorf,
Operations Director



What you need to know about coronavirus disease 2019 (COVID-19)

What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get COVID-19?

Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html#geographic>.

Have there been cases of COVID-19 in the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.

What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of

- fever
- cough
- shortness of breath

What are severe complications from this virus?

Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

How can I help protect myself?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled from an area with ongoing spread of COVID-19?

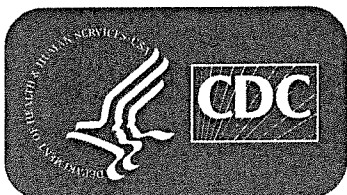
If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.



For more information: www.cdc.gov/COVID19



Share Facts About COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

FACT

1

Diseases can make anyone sick regardless of their race or ethnicity.

People of Asian descent, including Chinese Americans, are not more likely to get COVID-19 than any other American. Help stop fear by letting people know that being of Asian descent does not increase the chance of getting or spreading COVID-19.

FACT

2

The risk of getting COVID-19 in the U.S. is currently low.

Some people who live in or have recently traveled to places where many people have gotten sick with COVID-19 may be monitored by health officials to protect their health and the health of other people in the community.

FACT

3

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.

FACT

4

You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
- Cough
- Shortness of breath

Seek medical advice if you

- Develop symptoms

AND

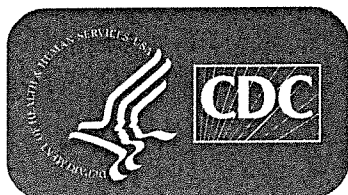
- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

FACT

5

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



For more information: www.cdc.gov/COVID19



What to do if you are sick with coronavirus disease 2019 (COVID-19)

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

Separate yourself from other people and animals in your home

People: As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Animals: Do not handle pets or other animals while sick. See [COVID-19 and Animals](#) for more information.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water.

Clean your hands often

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Clean all "high-touch" surfaces every day

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

Monitor your symptoms

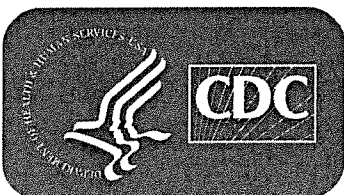
Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

Discontinuing home isolation

Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments.



For more information: www.cdc.gov/COVID19



INFORMATION ALERT- MARCH 16, 2020

Re: Agency Response to LCCMH Recommendation & Executive Order No. 2020-6

Lapeer Team Work, Inc. Families:

As we stated in our Information Alert issued Friday, March 13, 2020 the responses to the Coronavirus (COVID-19) are very fluid. Governor Whitmer issued an additional Executive Order Saturday, March 14, 2020 that modifies our initial precautionary action steps. We were advised by the Chief Executive Officer of Lapeer County Community Mental Health to, at minimum, reduce the number of individuals attending programming. The recommendation suggested that individuals residing in a residential settings should suspend attendance to program from Monday, March 16, 2020 to April 5, 2020.

While we would like to continue to operate at full capacity, the health & safety of the individuals we serve and our staff are our utmost priority. We are instructing all Residential Home Providers that we will not accept individuals residing in their settings from March 16, 2020 to April 5, 2020. We apologize for any inconvenience and appreciate your understanding during this pandemic.

Additionally, we upped the precautionary measures to protect the reduced number of staff and trainees that will be attending program. All staff are required to submit to a medical evaluation questionnaire and have their temperature taken prior to entering LTW in conjunction with the current 'Wash in, Wash out' standard. Limitations on visitors are now heightened to necessary personnel and guardians only. If you are dropping off or picking up a trainee, we kindly ask that you remain in your vehicle and our staff will escort your supported individual to the car. The back entrance of the building will be locked at all times. During the reduction of programming we will not be using the Center Building as a location.

Again, we are deeply saddened by reducing our programming but we are committed to doing our part to keep our individuals healthy and safe. We apologize for any inconvenience this may cause. If you have any questions or concerns please contact the office at 810.664.8504. Thank you for your continued support.

Sincerely,


Kaylee Hilgendorf, Operations Director

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P.O. Box 294
Lapeer, MI 48446
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286 West Nepessing Street
Lapeer, MI 48446
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INFORMATION ALERT- MARCH 17, 2020

Re: Agency Response to LCCMH Recommendation & Federal Guidance

Lapeer Team Work, Inc. Families:

As we stated in our Information Alert issued yesterday the responses to the Coronavirus (COVID-19) are rapidly changing. Last night the federal government issued guidance on limiting group gathering to ten (10) individuals or less. We were advised by the Chief Executive Officer of Lapeer County Community Mental Health at this point to suspend our skill building programming until at minimum April 5th, 2020 or until further guidance from our governing authorities.

We understand that this heavily impacts all of our Lapeer Team Work, Inc. families, but it is our job to continue to put the health of our trainees and staff first. We are instructing all trainees receiving skill building services to suspend programming from Thursday, March 17, 2020 at 4:00pm through Sunday, April 5, 2020. We understand that this decision is upsetting but hope that it lends to the safety of our families and flattening the curve.

Again, we appreciate your patience through these rapid changes and understating that we are committed to doing our part to keep our individuals healthy and safe. We apologize for any inconvenience this may cause. If you have any questions or concerns please contact the office at 810.664.8504. Thank you for your continued support.

Sincerely,

Kaylee Hilgendorf

Kaylee Hilgendorf, Operations Director

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INFORMATION ALERT- MARCH 25, 2020

Re: Executive Order 2020-21 “Stay Home, Stay Safe”

Lapeer Team Work, Inc. Families:

In response to the latest Executive Order Issued Monday, March 22, 2020 by Gov. Whitmer we are extending the closure of skill building programming until at least 8:00am Monday, April 13, 2020 or unless directed otherwise by our governing agencies.

Community Living Supports, our “essential” programming, will continue with extreme precaution. Employees continue to complete Health Evaluations, record their temperatures before each shift, and ‘wash-in, wash-out’ of every room.

Lapeer Team Work Staff will periodically reach out to our trainees and staff via telephone to check-in and keep spirits lifted. We are committed to prioritizing the health and safety of the individuals we serve, their families, and our staff. If you have any questions or concerns please contact the office at 810.664.8504. Thank you for your continued support.

Sincerely,

Kaylee Hilgendorf

Kaylee Hilgendorf, Operations Director

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INFORMATION ALERT- APRIL 27, 2020

Re: Extension of Suspension of Skill Building Services & Reopening Plan

Lapeer Team Work, Inc. Families:

In response to the latest Executive Order Issued Friday, April 24, 2020 by Gov. Whitmer extending the Stay home, Stay safe Order to Friday, May 15, 2020; we are extending the suspension of skill building programming until at least 8:00am Monday, May 18, 2020; or unless directed otherwise by our governing agencies.

Lapeer Team Work (LTW) remains committed to the health and safety of all our LTW families, staff and trainees alike. In order to best serve you, we intend to reopen the agency in carefully considered phases focusing on keeping persons served, staff, and customers safe while providing services. LTW will produce a formal written plan for reopening with examples of signage that you may find around our Downtown location and various work-sites. While we are as eager to return to programming as you are, we want to ensure that we continue to practice social distancing and other recommended practices to reduce exposure.

Lapeer Team Work Staff will continue to periodically reach out to our trainees and staff via telephone to check-in and keep spirits lifted until we are restored to full operations. If you have any questions or concerns please contact staff via email, as many are working remotely. Updates may also be found on our website, lapeerteamwork.org. Thank you for your continued support.

Sincerely,

Kaylee Hilgendorf

Kaylee Hilgendorf, Operations Director

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INFORMATION ALERT- MAY 7TH, 2020

Re: Extension of Suspension of Skill Building Services & Reopening Plan

Lapeer Team Work, Inc. Families:

In response to the latest Executive Order Issued Friday, May 7th, 2020 by Gov. Whitmer extending the Stay home, Stay safe Order to May 28th, 2020; we are extending the suspension of skill building programming until at least 8:00am Monday, June 1st, 2020; or unless directed otherwise by our governing agencies.

Lapeer Team Work (LTW) remains committed to the health and safety of all our LTW families, staff and trainees alike. In order to best serve you, we intend to reopen the agency in carefully considered phases focusing on keeping persons served, staff, and customers safe while providing services. LTW will produce a formal written plan for reopening with examples of signage that you may find around our Downtown location and various work-sites. While we are as eager to return to programming as you are, we want to ensure that we continue to practice social distancing and other recommended practices to reduce exposure.

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Share Facts About COVID-19

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FACT
2

The risk of getting COVID-19 in the U.S. is currently low.

Some people who live in or have recently traveled to places where many people have gotten sick with COVID-19 may be monitored by health officials to protect their health and the health of other people in the community.

FACT
3

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.

FACT
4

You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
- Cough
- Shortness of breath

Seek medical advice if you

- Develop symptoms

AND

- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

FACT
5

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



For more information: www.cdc.gov/COVID19

What you need to know about coronavirus disease 2019 (COVID-19)

What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get COVID-19?

Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html#geographic>.

Have there been cases of COVID-19 in the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.

What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of

- fever
- cough
- shortness of breath

What are severe complications from this virus?

Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

How can I help protect myself?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled from an area with ongoing spread of COVID-19?

If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.



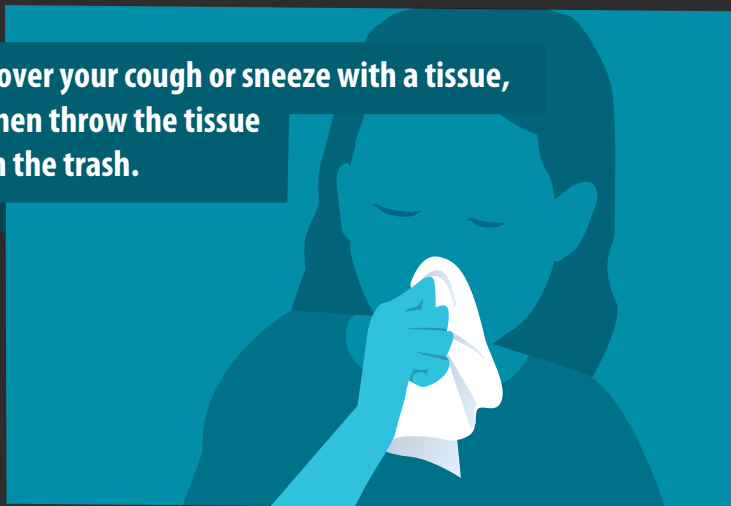
STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

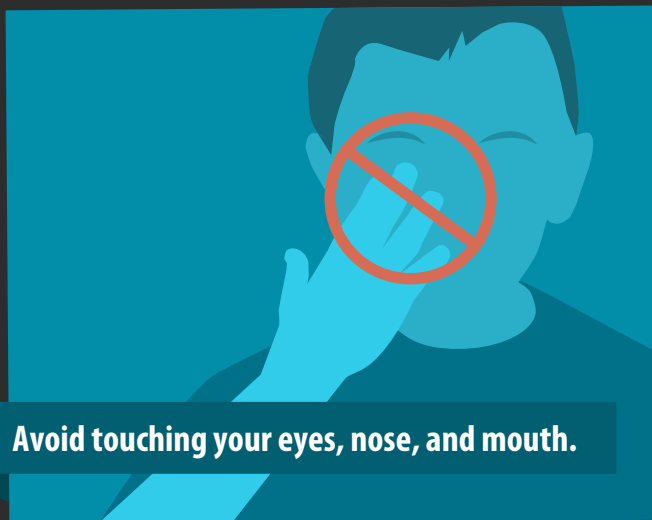
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue,
then throw the tissue
in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently
touched objects and surfaces.



Stay home when you are sick,
except to get medical care.



Wash your hands often with soap
and water for at least 20 seconds.



Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms* can include

FEVER



COUGH



***Symptoms may appear 2-14 days after exposure.**

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

SHORTNESS OF BREATH



What to do if you are sick with coronavirus disease 2019 (COVID-19)

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

Separate yourself from other people and animals in your home

People: As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Animals: Do not handle pets or other animals while sick. See [COVID-19 and Animals](#) for more information.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water.

Clean your hands often

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Clean all "high-touch" surfaces every day

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

Discontinuing home isolation

Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments.



For more information: www.cdc.gov/COVID19